

ANNUAL REPORT 2021-22

Share a glimpse our works in
2021-22 Financial Year.



LET'S JOIN HANDS TO MAKE A DIFFERENCE IN PEOPLES' LIFE

VISION

A culturally rich society where all are healthy, progressive and prosperous.

MISSION

To facilitate equitable and improved health, education of marginalized and vulnerable groups. Promote innovative livelihoods opportunities, necessary changes in the behavior, and practices with a gender sensitive growth of a culture of solidarity, cooperation, justice and peace.

CORE VALUES

Socially responsible actions carried out with Efficiency, Transparency and Accountability.

Forewords :

Human life was at stake. All were in fear of ongoing pandemic surges. Small, NGOs like us have faced devastating effects. We had faced lot many challenges in low resources settings and had to work for the people for whom we were accountable be that with TB patients, maternal health, and education of the poor and f children of vulnerable groups for whom food is more important than anything else. Women were facing unprecedented mental health distress, alcoholism push up domestic violence like things were very common instances. In this critical juncture, SAHAYOG tried level best to work with networks, and work hard for evidence generation, dissemination of information, and shared helpline numbers to ensure access to services. In solidarity with different alliances involve in education, health, and gender-related evidence-generation work. During the pandemic TB programs hit to lowest level. Patients were not followed up regularly or sputum tests were delayed, diagnosis machines were completely engaged in Covid-19 testing and the issue was many times highlighted by the organization for redress by informing them orally and writing to concerned authorities. This year also SAHAYOG entered a new relationship with a new program CREDILA a small but beautifully craved project for a very limited period of time with limited stakeholders but able to continue with the genuine support of individual donors for another three months. For the very first time, it also worked to link youth mobilization to skill base live hood linkage by sponsoring with a little support for their admission money and staying. Things a Further, helpline numbers were collated and shared widely to ensure referrals and access to services in MCH or TB treatment. This period also witnessed several spaces to strengthen alliances, and solidarities towards building a collective understanding, and analysis with regard to the impact of the pandemic, socio-economic and especially gender intersectional inequities.

With all odds and hardship, some people never left us or networks gave up. That genuinely is the Silverline in an organization's life. The trust we never forget. Hopefully, that will grow further in this coming year.

Thanking you

Bijayalaxmi Rautaray
Bijayalaxmi Rautaray
Secretary

Program in Brief :

Founded in 2008, SAHAYOG – a value-driven voluntary institution is dedicated to promoting participatory initiatives in the fields of health, education, and livelihoods for equitable development. One of the approaches is to concentrate on the mandate to strengthen the alliance and network building in issues influencing and impacting on common man's life. Notably among them are Jan Swasthya Aviyan (JSA), Common Health, National Alliance For Maternal Health and Human Rights (NAMHHR), Voice of Patient (VOP), Wada Na Toda Aviyan (WNTA), Partnership for Maternal & New Born Child Health (PMNCH), SAMA for gender health, UJAS Coalition, Community Development Medicinal Unit (CDMU), Stop TB Partnership, Partnership for TB Care & Control (PTCC), MSF Access Campaign, RTE Forum, 9 Is Mine Campaign, & PRATYeK, etc.

HEALTH PROGRAMMES BRIEF 2021-22

Health became a buzzword in 2021-22 and the most ignored public health was taken seriously by all. Health is not only a fundamental right but is included in the right to life. In human life, health is valuable but unfortunately, healthcare services change their' nature from public to private, allopathic to alternative therapy of treatments, making patient's life full of pain and frustration. The entire healthcare sector is moving around drugs, doctors, and diseases. On one side, the government is talking about the health and well-being of all but on the other side vertical approach towards disease and programs never gives scope for a holistic approach towards health. Any single institution or individual can't change the system. Networks and movements are purposeful; networks are striving to achieve the common goal of change. With collective work culture and notion in mind, the Organization had been associating with different forums, groups and networks to work together to bring changes in the Health system.



TB PATIENT SUPPORT INITIATIVE (TPSI) :

The organization's core mandate is quality care for TB patients and mostly DR-TB patients who are always facing the challenge of disease, drugs, drudgery, and diet. Since 2015 in its own way SAHAYOG amid the challenges keeps the work going on. TB is a disease in which affected people tend to experience loss of appetite. It is very important for them to indulge in not only protein-rich foods like eggs, and soya chunks, they need other food items in a day so that their body can fit to fight against the side effects of the drugs and disease. Apart from food, from time to time their counseling both over the phone and through physical visits was done by the team members of SAHAYOG. During COVID-19 extra care was taken for reaching out to TB patients to follow up on their routine medicines intake and food. 15 TB patients were supported directly where indirect support, counseling, and linking with service providers services reached more than 100 patients.



Sensitization & Advocacy to Stop TB (SAST) :

The organization takes high commitment for raise awareness of the TB emergency, promote activities to impact TB programs, and advocates to secure the commitment of state and district TB personnel, medical fraternity, and administration at a different level and also engage with the community be it in District TB forum, community level awareness program or observing World TB Day. SAHAYOG believed in networking and advocacy to create a greater impact on the TB program. On the eve of World TB Day-2022 SAHAYOG organized a stakeholder consultation in collaboration with Paribesh Suraksha Abhijan, Bhubaneswar, and NTEP, Khordha at Health & Wellness Center, Malipada on the eve of World TB Day 2022. District program implementers, ASHAs, TB Champions, survivors, patients, and affected patients' family members actively participated in the consultation based on the theme of the Theme "Invest to End TB, save lives'. This year we successfully organized 10 community-level awareness programs and two programs for ASHA workers in Khordha districts of Odisha on active engagement with TB patient, medicine supply and monitoring as well as psychosocial support to patients and family members for the successful completion of medication in the due period. Support NTEP Khordha in Actively Case Finding work in different areas.

Maternal Health Promotion :

The organization focused on three things to promote maternal and child health. Awareness and sensitization program through training, workshop, and observation of special days. Secondly do research and study for knowledge & evidence generation and locally use the knowledge and evidence for advocacy and making the people aware of the schemes and services for them. And do all the work to change the behavior, and knowledge level for that the organization prepared and published IEC materials to disseminate.

Awareness Generation Programme :

This year we have organized awareness programs on different occasions to change the health seeking behavior and to build proper knowledge;

Breastfeeding Week :

The most important part of a woman's health is her alertness, carefulness, family support, financial condition, and support by health providers but for all these things she should be aware of her health and child health needs. In a time when the market is ruled through advertisement, and women are influenced by the market, knowledge is very important for them. Breastfeeding has a very important component of a baby's life. How to feed, when to feed, and how many times to feed though they accepted what we are doing but there is a huge gap in practice. This year on 5th August SAHAYOG observed breastfeeding week at Karadapalli ICDS center with young mothers and expectant mothers with quiz competition and group discussion.

International Safe Abortion Day:

SAHAYOG as a network partner of CommonHealth forum took the lead to sensitize on new amended MTP-Act in different districts of Odisha along with State network partners.



Right to Safe abortion is a women's health right, with the concept this year SAHAYOG organized an advocacy cum sensitization workshop for the ASHA workers under the Bhusandpur sector at PWD IB of Bhusandpur. Bhusandpur PHC, Pharmacist Saktinath Tarania, and ANM joined in the occasion and shared their thoughts. The organization took an attempt to translate the literature of the MTP Amendment Act-2021 and widely distributed it among partners from different districts of Odisha for wide-scale dissemination of new updates and information.



Domestic Violence & Women's Health :

Domestic violence can happen to anyone. However, statistics show that it affects different communities differently. It's important to know what domestic violence is. If you feel unsafe in your relationship with the family for any reason, it is not your fault. It's important to reach out for help. Because chronic or habituated violators often don't know what are they doing and it has devastating consequences on women's health and behavior, low esteem, and personality. The children at home are also equally affected by violence. From our continuous engagement with the tribal community and low socio-economic background women and evidence from our study in Khordha district indicated that the woman herself has the prejudice about fate to hurt; scolding, thrashing, or biting is a male right. It is also perceived as a personal affair and they don't want to discuss about it. The situation also worsen during the Covid-19 pandemic when the income of the family was reduced and most of the time children as well as male members were staying back at home. As a woman, she can't fulfill each one's desire or she can't do anything to the situation. She was subject to scolding, thrashing, and smacking that impacted their psychology they felt loneliness, migraine problem, etc. SAHAYOG organized two sensitization programs on domestic violence and the consequence in Jhatinuagon in Tangi Block and Angarpada in Jatani Block.

SAHAYOG used an assessment tool Hurt, Insult, Threaten, Scream (HITS) to score the situation as well as recognized the gravity of the situation. A brainstorming among the women was also conducted to find out the way in their given situation to reduce the drudgery.



RESEARCH & EVIDENCE GENERATION:

For better implementation of any policy and program needs knowledge of the ground level because communities, geographical areas, necessities, and situations in different contexts have almost different views. As a member CommonHealth, SHAYOG focused on two studies one RH history study and a study on contraception availability during the pandemic: Covid-19 was in the air, people were panicking and the system had been struggling to keep the service delivery system on track. In such a situation the organization as a partner of CommonHealth had conducted a short study on Women's Perceptions and Experiences of Contraception in Tangi and Jatani Block of Khordha district with vulnerable groups of women from schedule caste and schedule tribe communities. Besides the women also dialogued with ten number key informants such as health service providers private and government, frontline workers, Chemists, and PRI members to know how has Covid-19 impacted women's reproductive health needs, and health services, especially contraception and abortion services.

IEC Materials :

This year the organization translated many useful, resources from CommonHealth as well as developed materials for wider dissemination like Amended MTP Act-2021, Healthy Relationships Guide leaflets on different topics of SRHR-Contraception, Safe Sex, FAQs on STI, etc. Materials are also printed and disseminated widely.



ADOLESCENT HEALTH PROGRAM:

Adolescence is the period of life that involves the move from childhood to adulthood. As a person, their behavior and the choices they make during this critical time mostly crafted their future health and well-being. They face considerable challenges in their sexual and reproductive health and rights. Without prior knowledge they are pushed into sexual coercion and intimate partner violence; lack of education and information; high rates of early and unwanted pregnancy; lack of access to health services, especially for contraception and safe abortion; gender inequalities in early and forced marriage; and risk of sexual transmission of infection (STI). Keeping to this in mind the organization engaged with adolescent girls through the adolescent girls club.

Sensitization on SRHR :

SAHAYOG organized a sexual reproductive health training program for 18years above teenagers who were ready to get married and those married on safe sexual behavior, the use of contraception do's and don'ts of contraception, what they need to do if missed pills, the myths and facts about contraception, the myth and facts about condom, how to avoid from STI and how to convince partner to use a condom for a safe and healthy life, etc. with 30 young women with lots of fun during the capacity building program. Along with them the ANM, ASHAs, and AWW workers also joined in that two days program.

ACCESS TO MEDICINE:

India is a large country with different socio-economic and geographical diversities and these factors also contribute a lot in terms of accessibility to quality health care to a fraction of the population especially the vulnerable communities and health-related poverty is a challenge for a majority of the population. The situation also became grim during Covid-19. In India Health is not a fundamental right. So, in the absence of universal health coverage the majority of people have not been able to access affordable safe, effective, and quality medicines and health products. Added to this, there are other challenges to ensuring that medicines are not only available, but are used inappropriately.



As an active member of Jan Swasthya Abhiyan (JSA), SAHAYOG conduct targeted health awareness campaigns to educate communities about preventive healthcare measures, early detection of diseases, available healthcare services, use of public facilities, positive use of NIRAMAYA medicines and Biju Swasthya Kalyan Yojana.

In 2021-22 the organization was able to organize five numbers of healthcare awareness and education programs among marginalized communities of the Khordha district in Bhusanpur, Balipatpur, Ujjuda Abhimanpur in Tangi and Angarpada, Chhatabar in Jatani Blocks impacting thousands of people.

Education & Child Development :

Education is an important domain of long-term human development and driving transformation in families, communities, and countries. Education is a legal right of each citizen enshrined in the article-21 of the Indian constitution. The idea of education is to guide our children to be intelligent, free, and responsible human beings. This year the organization took various steps toward education and child development for the betterment of children in program areas.

SMC CAPACITY BUILDING :

Community engagement and involvement in school management are very crucial. This year SAHAYOG organized a capacity-building workshop for three schools in Angarpada G.P on monitoring the regular attendance of teachers, to ensure the overall performance of school students and review the progress of the school and other curricular activities and monitoring of mid-day meals qualities, textbook distribution, and uniform, etc. Also about their regular involvement in different meetings and academic programs apart from construction-related work.

STUDY OF SCHOOL & ICDS CENTRE:

In collaboration with the RTE forum, the organization was involved in a study on learning loss in Angapada G.P of Jatani Block and also conducted an online survey on learning loss comprising primary and secondary school students. The problem of teachers in imparting online education which was before the pandemic alien to them. How the disparities between government small private schools and elite school students widened in the lockdown and shutdown. The difficulties of student dropout problems among young girls are also shared in different forums. As an aftermath of the study, the suggestion to involve the parents and SMC carry forward in the SMC capacity building program in physical study areas.



Promotion of Girl Child Education :

Girls' education is very important to make them courageous, delay marriage, make decisions independently, and accept the challenge in their lives. SAHAYOG continued support to six girls who are in abject poverty to study paying their tuition fees, learning materials, and other necessities.



COMMUNITY PATHASHALA :

SAHAYOG Community Pathshala is a platform to engage community members to impart education at the primary level through interesting activities and hands-on experience to influence young minds toward education. The program was started in a tribal community in Khordha district with 60 students from classes 1 to five. Amid Covid-19 when schools were closed the community volunteers go door to door and support the children in their studies. Support students to use smartphones for online classes. After that, the community pathshala again started. In their free time, 5 community volunteers taught students and SAHAYOG supplied them with TLM.

Inclusive Children's Parliament :

SAHAYOG aims within schools and communities to recognize and address systemic injustices and to advocate for human and child rights. Involve teaching staff and community members to understand, imbibe, embed, and promote justice, rights, and advocacy in their area and think of those as their responsibility. Not only with adults the organization also focused on child-led advocacy to know their rights, to analyze what they received and where are they lagging to advocate for that. As a partner of the Nine is Mine campaign and Pratyek New Delhi every year child representative from the organization participated in the capacity-building program at the national level and also ensures the voice of the children of Odisha to hear there in the national platform. The resurgence of the pandemic disheveled the planning and everything going on physically not carried out for the second consecutive year. But the SAHAYOG's 12 community-level children's parliament representatives were elected following the sociocratic model of election ahead of the national inclusive children's parliament. The child representatives from SAHAYOG participated in seven days long online capacity-building program and later on Laxmikanta Das from SAHAYOG was elected as Cabinet Minister of SDG4.

CHILD RIGHT CLUB :

Since 2014, SAHAYOG has been working with community children outside school forming Child Right Clubs. It has 440 Club members in 10 clubs that have been usually meeting once a month physically before the pandemic but during the pandemic physical meetings were not possible. The organization mentors WhatsApp groups of club members. Because all children didn't have the accessibility of smartphones the leaders of the clubs and nearby friends accessed the information and shared it with other members visiting door-to-door. Keeping their distance the club members also organized sensitization drives to wear masks and hand sanitization. The members also support identifying other vulnerable as well as disabled children as beneficiaries to receive Covid relief assistance from the Organization.

Children's Day Observation :

National Children's Day and UNCRC Day were observed by the organization in different child rights clubs of the Khordha district. The organization adhered to the theme for International Children's Day 2021 'A Better Future for Every Child' by the global coronavirus pandemic which has affected the rights of every child in the Child Right clubs in Arangapada and Aranga. Children were engaged in debate, drawing, and essay competitions on climate change, education, and how it affected the children. 15 numbers of children were awarded study materials and certificates on that occasion.



Public Utility :

For the interest of certain sections of the community the organization as its' mandate takes up some activities that impact the betterment of the whole society be it observing a day or organizing workshops & seminars or mobilizing all forces to support whenever any disaster engulfs the tranquility of the people.

GENDER EQUALITY :

UJJAS Coalition is a network of civil society members who are inclined to an equal world fulfilling the SDG5 mandate for gender equality. As a member of the coalition and adhering to the organization's principles in all works from the program planning to implementation, everything is measured through gender lenses. It also changed its internal structure by giving important decision-making positions to women equally. In a community-organized program among SHGs members to upgrade their knowledge on maintaining records, track of their transactions, daily consumption as well as public communication so that they will do their work without depending on male members.



PWDS WELFARE :

Many times our local customs and beliefs also include some wrong and harmful ideas about disability. They think disability is a curse. Some people think the child born disabled or later stage someone gets a disability because his or her parents did something bad in a former life, or that they displeased someone which they should not. Usually, people blame the mother when they are not responsible for that.

Another harmful idea about disability is the belief that anybody who is 'different' should be excluded, mocked and criticized. Some people think a person with a disability is a bad omen or will bring bad luck. This year on World Disability Day the organization holds a community sensitization program on disability and what they can and cannot do;

A person with a disability can make decisions. They need education, they need health care. They also can get diseases, like others. They need opportunities and respect, not pity and sympathy. They can work and can be professionals and have careers. They can earn, own property, and raise and support their family.

INTERNATIONAL WOMEN'S DAY 2022 :

SAHAYOG engaged with two different types of stakeholders at the onset of International Women's Day 2022 with the support of Viswa Yuvak Kendra, (VYK), and New Delhi. On 6th March 2022, a rally was organized and later on, a consultation and felicitation program was organized at Angarpada School. Where 10 women frontline workers, PRI members, and community women were felicitated for their greater contribution towards women's empowerment in health, education as well as the political field. The next day on 7th March 2022 the organization in association with Bauribandhu Degree Mahavidyalaya, Chhatabar organized a youth engagement program where more than 150 both male and female students joined and discussed patriarchal norms, the status of women and the skills to combat gender inequality. They discussed how young minds think positively and have self-analysis on their perception of societal gender norms and how they can break chains with the correct attitudes, and temperaments.



SKILL BASE LIVELIHOOD LINKAGE OF YOUTH :

Amid the Covid-19 pandemic lockdown & shutdown, people have been living with the uncertainty of livelihood, education, and life. Many young unemployed youth were sitting idle in houses without continuing their study or getting employment. With the partnership of VYK, SAHAYOG linked rural unemployed youth in BOSCH foundation Care Giver training Programme from Tangi, Khordha and Jatani Block as well as other areas for employment. Out of 23 young men and women enrolled in the process 19 placed in different hospitals as care givers.



CREDILA- CARE FOR RURAL ELDERLY WITH DIGNITY DESPITE THEIR LOWER ASPIRATION

A unique project locally implemented by SAHAYOG as the partner of VYK-New Delhi. The project was supported by the BOSCH India Foundation. The project was intended for neglected senior citizens with limited resources and a limited period. So, SAHAYOG chooses senior citizens mostly women neglected, abandoned, or destitute, and widows and elderly men who are sick and working in advanced age to get two squares of meals. To rationalize the support during the pandemic Covid-19 time the Organization focused on the commodities for personal hygiene & cleanliness, proper food, clothing, and medicines required by them. The program was launched at Tamando Panchayat Office in the presence of DPO Khordha, Sachidananda Pati, STS Bubu Choudhury local Sarpanch, Secretary Bijayalaxmi Rautaray and other dignitaries. In the next two months, support was provided at the beneficiary's door steps as well as giving all possible support when one elderly woman was in the hospital for her treatment and moratorium support. After the completion of three months, the organization supported another three months with its own initiative and local support.



COVID CARE & ASSISTANCE :

Covid-19 second wave had a tremendous impact on people's lives. To make people aware and alert IEC materials published and disseminated both online and offline. At a time when the administration strictly wants to ensure the use of masks but unfortunately, many people are unable to afford face masks. The organization distributed cotton as well as N-95 masks and volunteers supported health workers indoor visits to identify people with covid symptoms. Awareness drive carried out in the community on Ashirvad scheme to ensure no child left behind those lost parents in the epidemic. Ration support reached TB patient and family members in distress. SAHAYOG tried to reach all child club members' families and extend support.



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